

# SCHOOL PROGRAM

## MARCH/APRIL MENU SELECTION

### WEEK 1

#### DAY 1

CHICKEN & VEGGIES  
STIR-FRY WITH RICE

-

CHICKPEA & VEGGIES  
STIR-FRY WITH RICE

-

BANANA OAT MUFFIN

#### DAY 2

CLASSIC BOLOGNESE  
PASTA

-

LENTIL BOLOGNESE  
PASTA

-

FRUIT SALAD WITH  
WHIPPED CREAM

### WEEK 2

#### DAY 1

CHICKEN SALAD  
SANDWICH

-

CHICKPEA SALAD  
SANDWICH

-

ORANGE MUFFIN

#### DAY 2

MINI TURKEY POT PIE

-

MINI VEGGIE POT PIE

-

CHOCOLATE CHIP  
BAR

### WEEK 3

#### DAY 1

BEEF STROGANOFF  
WITH EGG NOODLES

-

MUSHROOM  
STROGANOFF WITH  
EGG NOODLES

-

MINI WAFFLE WITH  
BLUEBERRY SYRUP

#### DAY 2

TUNA MAC & CHEESE

-

CAULIFLOWER MAC &  
CHEESE

-

MAPLE CINNAMON  
POPCORN

### WEEK 4

#### DAY 1

BREAKFAST BURRITO

-

VEGGIE BREAKFAST  
BURRITO

-

OATMEAL RASPBERRY  
JAM BAR

#### DAY 2

CHICKEN SKEWERS  
WITH RICE &  
CUCUMBER SALAD

-

GRILLED VEGGIES  
SKEWERS WITH RICE  
& CUCUMBER SALAD

-

COCOA COOKIES

### WEEK 5

#### DAY 1

BACON, SPINACH AND  
CHEESE CREPE

-

MUSHROOM, SPINACH  
AND CHEESE CREPE

-

LEMON POPPY SEED  
MINI BREAD

#### DAY 2

CHICKEN TORTILLA  
SOUP

-

SWEET POTATO AND  
BLACK BEANS  
TORTILLA SOUP

-

MINI CHEESECAKE

### WEEK 6

#### DAY 1

BEEF CORN DOG  
MUFFIN

-

BROCCOLI CORN  
MUFFIN

-

BLUEBERRY BREAD

#### DAY 2

CREAMY CHICKEN  
PASTA

-

CREAMY CARROT &  
PEAS PASTA

-

BROWNIE BITES

Lunchinho®

